

Privacy Statement Light Horizon

Light Horizon, registered in the Netherlands with the Chamber of Commerce (KvK) under number 99511789, highly values the protection of your personal data. In this privacy statement we explain which personal data we process, for what purpose, and how we handle this data with care, in accordance with Dutch and European data protection legislation, including the General Data Protection Regulation (GDPR / AVG).

1. Who are we?

Practice name: Light Horizon

KvK number: 99511789

Services: Psychological therapy (including trauma therapy / EMDR)

Light Horizon is the data controller responsible for the processing of personal data as described in this privacy statement.

2. Which personal data do we process?

We only process personal data that are necessary to provide professional and responsible care.

This may include:

- Name, address and place of residence
- Date of birth
- Contact details (telephone number, email address)
- Citizen Service Number (BSN), if legally required
- Data concerning health and psychological complaints
- Intake reports and therapy session notes
- Correspondence (email, messages)
- Payment and invoicing details

Health data are classified as special categories of personal data and are handled with additional care and security.

3. For what purposes do we process personal data?

Personal data are processed for the following purposes:

- Providing psychological care and therapy
- Creating and maintaining a client file
- Communication with clients

- Financial administration and invoicing
- Compliance with legal obligations

4. Legal bases for processing

Light Horizon processes personal data only when permitted under applicable law, based on one or more of the following legal grounds:

- Consent of the client
- Performance of a treatment agreement
- Legal obligation (such as tax and healthcare record retention requirements)
- Legitimate interest, for proper practice management and quality assurance

Explicit consent is required for the processing of health-related data.

5. Retention periods

Light Horizon does not retain personal data longer than necessary.

- Medical records are retained for 20 years, in accordance with Dutch healthcare legislation (WGBO)
- Financial and administrative records are retained for 7 years, in accordance with Dutch tax legislation
- Contact and correspondence data are deleted when no longer relevant

6. Sharing personal data with third parties

Personal data are not shared with third parties, unless:

- This is necessary for the execution of the treatment agreement
- There is a legal obligation to do so
- The client has given explicit consent

If third parties process data on behalf of Light Horizon, data processing agreements are concluded to ensure adequate protection.

7. Security of personal data

Light Horizon takes appropriate technical and organizational measures to protect personal data against loss, misuse and unauthorized access, including:

- Secure digital systems
- Restricted access to client information
- Strong passwords and two-factor authentication where possible

- Encrypted communication where applicable

8. Rights of clients

Under Dutch and European privacy law, you have the following rights:

- Right of access to your personal data
- Right to rectification of incorrect data
- Right to erasure of data (where legally permitted)
- Right to restriction of processing
- Right to data portability
- Right to withdraw consent at any time
- Right to object to processing

Requests regarding these rights can be submitted to Light Horizon and will be handled within the legally required timeframes.

9. Complaints

If you have a complaint about the processing of your personal data, you may contact Light Horizon directly. You also have the right to lodge a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens).

10. Changes to this privacy statement

Light Horizon reserves the right to amend this privacy statement. The most recent version will always be published on the website.

11. Contact

For questions about this privacy statement or the processing of personal data, you may contact:

Lighthorizon.therapy@gmail.com

Or get in touch via the contact page: www.lighthorizon-emdr.com